



Regional Directory

Minister: Rev Corina van Oostende 0417 169 544

Secretaries:	Name	Phone
ARC	Sue Wilson	9851 4450
Lockyer	Anne Hortin	0428 752 325
Denmark	Margaret Cocks	0428 608 620
Mt Barker	Sue Wilson	0437 184 692
AUC	Elizabeth Burns	9842 2636

Pastoral Carers:		
Lockyer	Joan Wright	0429 413 759
Denmark	Everyone	
Mt Barker	Sue Wilson	0437 184 692
AUC	Edith Verran	9841 2729

Prayer Coordinator: Heather Bailey 0428 936 824
Juniper: 11 Townsend Street, Lockyer 1300 313 000

Contact Us

AUC/ARC Office: 12 Duke Street, Albany

Postal Address: PO Box 5170, Albany WA 6330

Phone: 0472 732 441

Email: arc@ucwa.au

Office Hours: Tues-Thurs, 8.45 am - 12.45 pm



Uniting Church in Australia
Albany Region Congregations



Welcome to our service.

Wesley Uniting Church, morning tea is on the 3rd Sunday of the month; Denmark Uniting Church & Lockyer have morning tea after their Service.

26 October 2025.



Rituals

A ritual can be any pattern of behaviour. Going to church on Sunday morning is one example, but a visit to a particular coffee shop can be a ritual too. Some rituals are just routine. Others can shape the way we look at life.

When I wake up, the first thing I do is say 'thank you for another day, thanks for the gift of life. Next, I read some short texts that will set the tone for the day. Then the rituals of feeding dog and self are performed. The rest of the day is dedicated to work, rest and play. The last thing I do before going to sleep is give thanks for the blessings the day has brought (count your blessings....)

Rituals have power to change us. Years of starting and ending each day with a time of thanksgiving, has changed the way I experience life. Life is not something that happens to me, I am alive, and this is a gift to be shared. How do you begin your day? What is the mood you set? How do you end your day? What are the last thoughts that you take with you into your sleep? What rituals lift your spirit? Which are no helpful?

I don't know who wrote this, "Be careful of your thoughts, because they become your words. Be careful with your words, because they become your actions. Be careful of your actions, because they become your habits. Be careful of your habits, because they become your character. Your character becomes your destiny." I do know these words ring true for me.



Thoughts

Here are some thoughts from Albert Einstein:

"I didn't arrive at my understanding of the fundamental laws of the universe through my rational mind."

"I think 99 times and find nothing. I stop thinking, swim in silence, and the truth comes to me."

"The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it intuition or what you will, the solution comes to you, and you don't know how or why."

"Our separation from each other is an optical illusion."

"I'm not an atheist. The problem involved is too vast for our limited minds. We are in the position of a little child entering a huge library filled with books in many languages. The child knows someone must have written those books."

"Everything is determined, every beginning and ending, by forces over which we have no control. It is determined for the insect, as well as for the star. Human beings, vegetables, or cosmic dust, we all dance to a mysterious tune, intoned in the distance by an invisible piper."

"The religion of the future will be a cosmic religion. It will transcend a personal God and avoid dogma and theology."

"I am happy because I want nothing from anyone. I do not care about money. Decorations, titles or distinctions mean nothing to me. I do not crave praise. I claim credit for nothing. A happy man is too satisfied with the present to dwell too much on the future."

Submitted by A. Hortin



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October 26

8.30am	LOCKYER	Rev. Corina
9.30am	DENMARK	J. Wilson
10am	DUKE ST	Rev. Corina
11am	MT BARKER	A. Hortin

November 2

8.30am	LOCKYER HC	Rev. Corina
9.30am	DENMARK	G. Wilson
10am	DUKE ST HC	Rev. Corina
11am	MT BARKER	S. Wilson

Dates every week

Museum: Open 9-11am, Tuesday-Thursday.

Tuesday Discussion: Meets at 9.30am for 10am start at Elizabeth's place. All welcome.

Wednesday Prayer group: Meets at 10am at Heather's place. All welcome.

Thursday A Taste of Spirituality: Meets from 10am - 11am at Corina's place. 38 Miramar Road, Mira Mar. All welcome.

October 25 Quiet Space, Wesley Church, 2-3 pm

November

November 11 Lockyer Ladies Fellowship, Lockyer, 12pm

November 11 AUC Ladies Fellowship, Handasyde's, 2pm

November 13 AUC Church Council Meeting, Lesser Hall, 3pm

November 14 Scot's Craft Markets. 9-3pm, CWA Hall

I will be offering group meetings on Thursdays from 10am to 11am and begin by exploring a range of rituals from different angles with people who are interested in things "spiritual". Some rituals may be familiar to you; others will be brand new. Please let me know if you intend to come. The first meeting will be on 6th November. We will start off at the manse, 38 Miramar Road. Bring a friend or a neighbour.

This new group will be open to everyone.

Blessings, Corina

Prayers of the week

AUC: Dawn & Harold Coppock, Doug Coxall and their families.

Lockyer: Louise Hordacre, Anne & Alan Hortin and their families.

Mt Barker: Pauline Hordacre, Carolyn & Doug Lincoln and their families.

Denmark: Anne Mackay, Rev. Elizabeth Sanderson and their families.

Synod: Mundaring and Swan View Uniting Churches Congregational Church of Tuvalu.

Photo: Church Bell- Veana. If you have a photo, you would like to feature and it is appropriate for the front page, please send it in. Email: unitingchurchalbany@gmail.com Hard copy photos will also be accepted.



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News & Notes

Albany YouthCARE Council is taking part in the **Containers for Change** scheme. Our registration number is **C10331167**. Take your eligible containers to either IGA Spencer Park, or Container Recycling Depot, 93 Stead Rd, Centennial Park and **quote our number**. <https://www.containersforchange.com.au/wa>

Homeless Project Denmark (HPD Homeless Project Denmark)

The main source of income for the **HPD** is a fundraising stall at the Denmark Sunday markets. Please leave items you want to donate in the Duke Street vestry, marked box HPD. Corina will see to it, so that they find their destination. <https://www.facebook.com/homelessprojectdenmark?mibextid=ZbWKwL>

Offerings we gratefully accept financial contributions ("offerings") to continue the work of the Church. Cash or cheques may be placed in the offering bowls at Sunday services. Direct bank transfers (EFT) are also welcome. For Albany, please use the details below:

BSB: 086 554 (National Australia Bank)

Account Number: 496 865 760

Account Name: Albany Uniting Church

Reference: Offering or Youthcare

For Denmark, Lockyer and Mount Barker please contact your treasurer for details. All offerings are anonymous. Feel free to ask for envelopes if you wish.

Uniting World. If you would like to donate to Uniting World. Donations will be used to provide urgent assistance, supplies & support longer-term recovery. To donate online, go to <https://donate.uniting-world.org.au/donate-now>

Connecting people who cannot attend worship, can still stay in touch with us from anywhere in the world. You can receive the monthly Magazine, the weekly Bulletin and the Order of Service by email or in print. We also record Sunday services which can be sent on CD. Just contact Corina or Lisa.



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