

Regional Directory

Minister: Rev Corina van Oostende 0417 169 544

Secretaries:	Name	Phone
ARC	Sue Wilson	9851 4450
Lockyer	Anne Hortin	0428 752 325
Denmark	Margaret Cocks	0428 608 620
Mt Barker	Sue Wilson	0437 184 692
AUC	Elizabeth Burns	9842 2636

Pastoral Carers:

Lockyer	Joan Wright	0429 413 759
Denmark	Everyone	
Mt Barker	Sue Wilson	0437 184 692
AUC	Edith Verran	9841 2729

Prayer Coordinator: Heather Bailey 0428 936 824 **Juniper:** 11 Townsend Street, Lockyer 1300 313 000

Contact Us

AUC/ARC Office: 12 Duke Street, Albany

Postal Address: PO Box 5170, Albany WA 6330

Phone: 0472 732 441 Email: arc@ucwa.au

Office Hours: Tues-Thurs, 8.45 am - 12.45 pm





Welcome to our service.

Wesley Uniting Church, morning tea is on the 3rd Sunday of the month; Denmark Uniting Church & Lockyer have morning tea after their Service.

2 November 2025.



Uniting Church in Australia Albany Region Congregations

Rituals

I will be offering group meetings on Thursdays from 10am to 11am and begin by exploring a range of rituals from different angles with people who are interested in things "spiritual". Some rituals may be familiar to you; others will be brand new. Please let me know if you intend to come. The first meeting will be on 6th November. We will start off at the manse, 38 Miramar Road. Bring a friend or a neighbour. This new group will be open to everyone.

Here is a very simple ritual for you to give a go.

First, get a cup, or a bowl. Sit down, breathe quietly and hold the empty vessel in your hands. Look at all the space the cup/bowl has that can be filled.

Keep breathing quietly and picture this empty space as part of your inner self. Notice how much space there is inside of you as well, all this space that can be filled. Next, hold the cup/bowl out before you in the gesture a beggar might make. Ask God, (ask the Father, ask Christ, ask the Holy Spirit, whichever you prefer) to fill you. Take a few more slow breaths. Take your time...

Get up, slowly, and carefully pour something in your cup (coffee, tea, water).

Come back to where you sat before, and drink what you poured into the cup/bowl. Receive and enjoy this drink, this gift.

This is one of the many ways of opening ourselves to God's grace. You can do this every day, using this same ritual before breakfast, or when you intend to have afternoon tea.

Instead of using a cup/bowl, you could also use a prayer gesture, like holding your hands with the palms up

Scottish Blessing

Be ye our angel unawares
If after Kirk ye bide a wee,
There's some would like to speak to ye,
If after Kirk ye rise and flee
We' all seem cauld and still to ye.
The one that's in the seat with ye
Is stranger here than ye, maybe.
All here have got their fears and cares,
Add ye your soul unto our prayers,
Be ye our angel unawares.

(Scottish Blessing)

Be you our angel unawares
If after Church you stay a while
There's some would like to speak to you,
If after Church you rise and flee
We' all seem cold and still to you
The one that's in the seat with you
Is stranger here than you, maybe.
All here have got their fears and cares,
Add you your soul unto our prayers,
Be you our angel unawares.

(Australian translation)

Submitted by A. McKechnie





November 2

8.30am LOCKYER HC Rev. Corina
9.30am DENMARK G. Wilson
10am DUKE ST HC Rev. Corina
11am MT BARKER S. Wilson

November 9

8.30am LOCKYER E. Burns
9.00am DENMARK HC Rev. Corina
10am DUKE ST E. Burns
11am MT BARKER HC Rev. Corina

Dates every week

Museum: Open 9-11am, Tuesday-Thursday.

Tuesday Discussion: Meets at 9.30am for 10am start at

Elizabeth's place. All welcome.

Wednesday Prayer group: Meets at 10am at Heather's

place. All welcome.

Thursday: A Taste of Spirituality: Starting on the 6/11/25. Meets from 10am -11am at Corina's place. 38

Miramar Road, Mira Mar. All welcome.

November

November 11 AUC Ladies Fellowship, Handasyde's, 2pm November 13 AUC Church Council Meeting, Lesser Hall, 3pm November 14 Scot's Craft Markets. 9-3pm, CWA Hall

November 29 Quiet Space, Wesley Church, 2-3 pm

or holding your hands around your ears, as you ask God to speak to you today. These simple movements symbolise your willingness to trust God's guidance. Allow yourself the freedom to experiment. Also, see how these gestures feel compared to clenching your fists or using your arms in a way that shows that



you want to keep something at a distance. Spirituality is not something vague or difficult. Come and see! Blessings, Corina

Prayers of the week

AUC: Lorna & John Dowsett, Christina & Bill Dwyer and their families.

Lockyer: Rod Marsh, Judy Thompson and their families. **Mt Barker:** Anne Mackie, Philip Webb and their families.

Denmark: Trish, Miriam & Aidan Thornber, Carlien Trotter and

their families.

Synod: Albany Regional Congregations (Albany, Denmark,

Lockyer and Mount Barker Uniting Churches).

Photo: Water drops- Ingrid Storm. If you have a photo, you would like to feature and it is appropriate for the front page, please send it in. Email: unitingchurchalbany@gmail.com Hard copy photos will also be accepted.





News & Notes

Albany YouthCARE Council is taking part in the Containers for Change scheme. Our registration number is C10331167. Take your eligible containers to either IGA Spencer Park, or Container Recycling Depot, 93 Stead Rd, Centennial Park and quote our number. https://www.containersforchange.com.au/wa

Homeless Project Denmark (HPD Homeless Project Denmark) The main source of income for the HPD is a fundraising stall at the Denmark Sunday markets. Please leave items you want to donate in the Duke Street vestry, marked box HPD. Corina will see to it, so that they find their destination. https://www.facebook.com/homelessprojectdenmark?mibextid=ZbWKwL

Offerings we gratefully accept financial contributions ("offerings") to continue the work of the Church. Cash or cheques may be placed in the offering bowls at Sunday services. Direct bank transfers (EFT) are also welcome. For Albany, please use the details below:

BSB: 086 554 (National Australia Bank)

Account Number: 496 865 760

Account Name: Albany Uniting Church
Reference: Offering or Youthcare

Reference: Offering or Youthcare

For Denmark, Lockyer and Mount Barker please contact your treasurer for details. All offerings are anonymous. Feel free to ask for envelopes if you wish.

Uniting World. If you would like to donate to Uniting World. Donations will be used to provide urgent assistance, supplies & support longer-term recovery. To donate online, go to https://donate.uniting-world.org.au/donate-now

Connecting people who cannot attend worship, can still stay in touch with us from anywhere in the world. You can receive the monthly Magazine, the weekly Bulletin and the Order of Service by email or in print. We also record Sunday services which can be sent on CD. Just contact Corina or Lisa.

