

## **Regional Directory**

Minister: Rev Corina van Oostende 0417 169 544

Secretaries:	Name	Phone
ARC	Sue Wilson	9851 4450
Lockyer	Anne Hortin	0428 752 325
Denmark	Margaret Cocks	0428 608 620
Mt Barker	Sue Wilson	0437 184 692
AUC	Elizabeth Burns	9842 2636

#### **Pastoral Carers:**

Lockyer	Joan Wright	0429 413 759
Denmark	Margaret Cocks	0428 608 620
Mt Barker	Sue Wilson	0437 184 692
AUC	Edith Verran	9841 2729

**Prayer Coordinator:** Heather Bailey 0428 936 824 **Juniper:** 11 Townsend Street, Lockyer 1300 313 000

### **Contact Us**

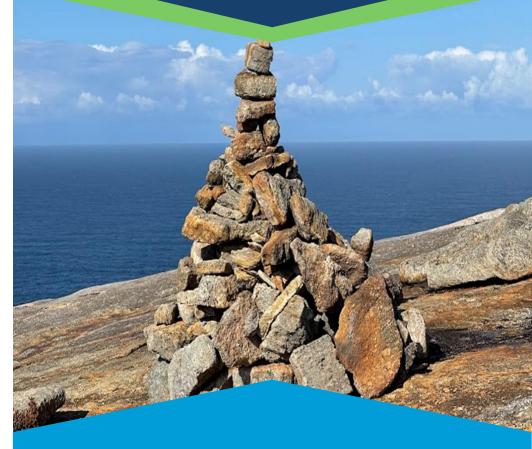
AUC/ARC Office: 12 Duke Street, Albany

Postal Address: PO Box 5170, Albany WA 6330

Phone: 0472 732 441 Email: arc@ucwa.au

Office Hours: Tues-Thurs, 8.45 am - 12.45 pm





# Welcome to our service.

Duke St Church morning tea is on the 3<sup>rd</sup> Sunday of the month, Denmark Uniting Church & Lockyer have morning tea after their Service.

6 April 2025.





## Lent 5

Dying as a process towards communion

We are encouraged to pray, and to pray always. During Lent we are to remember that death is a reality. It is also part of life. In other words, life and death are not two, but one. In communion we can experience this wholeness, this one-ness, this unity. Looking at the night sky, in awe, feeling how small we are, yet knowing we are part of the universe and the universe is part of us... "The deepest level of communication is communion. It is wordless. It is beyond speech, and beyond concept. We don't discover a new unity. We discover an older unity. Dear brothers, we are already one. We imagine that we are not. What we have to recover is our original unity. What we have to be is what we are." (Thomas Merton)

His Holiness the Dalai Lama shares some wisdom about life: "Every day, think as you wake up, today I am fortunate to have woken up. I am alive, I have a precious human life, I am not going to waste it, I am going to use all my energies to develop myself. To expand my heart out to others, to achieve enlightenment for the benefit of all beings, I am going to have kind thoughts towards others, I am not going to get angry or think badly about others as much as I can."

In our final moments, hours, or days, we open ourselves to the Ultimate Mystery, to the One we know is within us, just as we can do in silent prayer. Through the ages, many practices were developed to assist seekers to draw closer to the Holy One – practices like silence, solitude, fasting, and the examination of conscience. Many people who



If you think you are beaten, you are
If you think you dare not, you don't,
If you like to win, but you think you can't
It is almost certain you won't.

If you think you'll lose, you're lost For out of the world we find, Success begins with a fellow's will It's all in the state of mind.

If you think you are outclassed, you are You've got to think high to rise, You've got to be sure of yourself before You can ever win a prize.

Life's battles don't always go To the stronger or faster man, But soon or late the man who wins Is the man WHO THINKS HE CAN!





April	6
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8.30am LOCKYER HC Rev. Corina
9.30am DENMARK G. Wilson
10am DUKE ST HC Rev. Corina
11am MT BARKER S. Wilson

#### April 13

8.30am LOCKYER E. Burns
9.00am DENMARK HC Rev. Corina
10am DUKE ST E. Burns
11am MT BARKER HC Rev. Corina

# Dates every week

Museum: Open 9-11am, Tuesday-Thursday.

Tuesday Discussion: Meets at 9.30am for 10am start at

Elizabeth's place. All welcome.

Wednesday Prayer group: Meets at 10am at Heather's

place. All welcome.

Thursday Bible Study group: Meets at 10am, Lockyer

UC, Townsend St. All welcome.

April 8	Lockyer Ladies Fellowship, Lockyer, 12pm
April 8	AUC Ladies Fellowship, Handasyde's, 2pm
April 11	Scot's Craft Markets. 9-3pm, CWA Hall
April 17	AUC Fellowship, Vancouver Café 10 am
April 26	Quiet Space, Wesley Church, 2-3 pm

know their life will end soon, are drawn to these practices, regardless of having known them previously. People stop talking hours or days before they die; dying people withdraw into themselves. Many do a life review, often asking big questions like, "Have I loved well? Have I made a difference?" Often dying people stop eating – a sort of retreat from the world to draw closer to the Divine Presence. However, we don't have to wait until our last breath to find the rest we are promised in Christ. Find a spiritual practice you feel comfortable with and find the peace you can enjoy for the rest of your days. Seek and you will find...

Blessings, Corina

## Prayers of the week

**AUC:** Clare Ferry, Helena Fong and their families.

Lockyer: Susan Wood, Joan Wright and their families.

Mt Barker: Milly Coad, Pauline Hordacre and their families.

Denmark: Trish, Miriam & Aidan Thornber, Carlien Trotter and

their families.

**Synod:** Pinjarra, Waroona, Warren-Blackwood Group (Bridgetown, Manjimup, Northcliffe and Pemberton Uniting Churches). Protestant Church of Maluku and the United Church in the Solomon Islands (UCSI).

**Photo:** Cairne at Stony Point- R. Marsh. If you have a photo, you would like featured and is appropriate for the front page, please send it in. Email: <a href="mailto:unitingchurchalbany@gmail.com">unitingchurchalbany@gmail.com</a> Hard copy photos will also be accepted.



# Uniting Church in Australia Albany Region Congregations

## **News & Notes**

Albany YouthCARE Council is taking part in the Containers for Change scheme. Our registration number is C10331167. Take your eligible containers to either IGA Spencer Park, or Container Recycling Depot, 93 Stead Rd, Centennial Park and quote our number. https://www.containersforchange.com.au/wa

Homeless Project Denmark (HPD Homeless Project Denmark)
The main source of income for the HPD is a fundraising stall at the Denmark Sunday markets. Please leave items you want to donate in the Duke Street vestry, marked box HPD. Corina will see to it, so that they find their destination. <a href="https://www.facebook.com/home-lessprojectdenmark?mibextid=ZbWKwL">https://www.facebook.com/home-lessprojectdenmark?mibextid=ZbWKwL</a>

**Offerings** we gratefully accept financial contributions ("offerings") to continue the work of the Church. Cash or cheques may be placed in the offering bowls at Sunday services. Direct bank transfers (EFT) are also welcome. For Albany, please use the details below:

**BSB: 086 554 (National Australia Bank)** 

**Account Number: 496 865 760** 

Account Name: Albany Uniting Church Reference: Offering or Youthcare

**For Denmark, Mount Barker and Lockyer** please contact your treasurer for details. All offerings are anonymous. Feel free to ask for envelopes if you wish.

**Uniting World.** If you would like to donate to Uniting World. Donations will be used to provide urgent assistance, supplies & support longer-term recovery. To donate online, go to <a href="https://donate.uniting-world.org.au/donate-now">https://donate.uniting-world.org.au/donate-now</a>

**Connecting** people who cannot attend worship, can still stay in touch with us from anywhere in the world. You can receive the monthly Magazine, the weekly Bulletin and the Order of Service by email or in print. We also record Sunday services which can be sent on CD. Just contact Corina or Lisa.

Couperin by Candlelight: Swanharp Four invites you Denmark, Albany & Mount Barker for a service of beauty and reverent contemplation for Holy Week. This is a ticketed service, so please book ahead to join us on your favourite pew! Tuesday 15 April at 7pm, Albany Uniting Church, Duke Street, Albany.

https://collections.humanitix.com/couperin-by-candlelight

